



# Piedmont Appalachian Trail Hikers

PATH has Sections 10 and 11 of the AT [Maine to Georgia] in Southwest Virginia to maintain.

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March 17 - Sunday - Mt. Jefferson (Ashe County). Meet at the service station on the right near intersection of NC 16 and 163 at 10:00 a.m. and vote on your choice:

1st - GOOD (Puny) Park cars near entrance to Mt. Jefferson State Park (not open until May 1) and hike on paved road (about 2 miles).

2nd - BETTER (Healthy) Park cars and follow obscure ridge.

3rd - BEST (Robust) Park cars at Jefferson Post Office and scratch your way up the chimney to the top.

With either alternative, or mixed, we should rendezvous at the picnic ground at the end of the paved road for lunch. Bring picnic lunch and canteen.

Hike Leader: Robert Gibbs, 204 Worth St., North Wilkesboro, N. C. 28659  
Phone: 919 838-4498

March 30 - Saturday - 8 to 10 mile hike in the Uwharrie Wildlife Management Area. Meet at 12 o'clock noon at the Eldorado checking station in the management area just off highway 109 north of Troy. Greensboro hikers meet at the back of the UNC-G Library at 10:15 a.m.

Hike Leader: Harold Stearns, 907 Courtland St., Greensboro, N. C. 27401  
Phone: 919 272-3977

April 6 - Saturday - Linville Gorge. Meet at Linville Falls Recreation Area (Mile 316.5 on Blue Ridge Parkway) on access road south at 1:30 p.m. Will regroup in as few cars as possible to drive down NC 105 past Wiseman's View to the head of the Conley Cove Trail. This well-kept trail descends the gorge to the Linville River. Wear sturdy shoes and bring canteen.

One group will be camping. Anyone may join the group for supper and breakfast for 50¢ per meal. Please register by April 4 with Harriet Austin if you wish to be included in the meals.

Hike Leaders: Bill Chatfield and Will Wyland.  
Harriet Austin, 3513-D Parkwood Drive, Greensboro, N. C.  
Phone: Home: 299-0298 Office: 273-3461 Area 919

April 7 - Sunday - Table Rock. Meet at same place as above at 10:30. Travel together to Table Rock Campground. Eat lunch there and pick up any late comers who want to join PATH just for Sunday. Hike up Table Rock and later see Outward Bound if possible. The views from Table Rock and the ramp-style trail to the top make this a very delightful hike. Bring picnic lunch and canteen. Leaders same as above.



April 20-21 - Lost Cove. Meet at the Sinclair service station at intersection of 19E and 19W about 6 miles west of Burnsville. Cars go immediately to parking lot for deer field. Hike up forest service road to top of Flat Top - 360° view - eat lunch there. Start down trail into Lost Cove. Bring picnic lunch for Saturday, sleeping bag, sturdy shoes, canteen (food and cooking utensils if you do not register with group), pack frame, rain gear. This abandoned community is nested in a breath-taking view. Some insight into the life of the people who lived here will be of interest as the schoolhouse/church, homes, out buildings, orchard, and graveyard are viewed.

If you wish to eat with the group, please register with Harriet Austin by April 16 and send \$1.00 per person to cover the cost of supper and breakfast. Harriet will supervise the purchasing of the food and the gathering of the utensils. Each will share in the carrying and preparing of same.

Hike Leader: Hollyce Highfill, 212 College Place, Greensboro, N. C.  
Phone: 919 273-7055 (home) and 272-7102 (business)

May 4 - 5 - Mt. LeConte. Meet at Newfound Gap. There will be two starting times: One group will leave at 10:00 a.m. (bring bag lunch and canteen), and the second group will leave at 12:00 noon. Hike 8 miles on Appalachian Trail to Boulevard Trail to top of Mt. LeConte. There is a lean-to at LeConte and also a Lodge.

We are offering two package deals. Package #1: You sleep in the lean-to and have Saturday night supper and Sunday breakfast with Trail Chef Harriet Austin for \$1.50. In this instance you will need to bring warm clothes, sleeping bag, and nylon or plastic sheet and rope for improvised lean-to. You will also help carry food up trail. Package #2: You have your meals and lodging at the LeConte Lodge. The price for this is \$9.00.

It will be necessary for you to register with Harriet Austin by April 26, indicating which arrangement you want. Please inclose your check for the full amount for Package #1, and \$4.50 if you wish to stay at the Lodge. (The remaining \$4.50 will be due at the Lodge.) These prices include a snack lunch for Sunday.

This much-traveled trail offers many good views and good hiking. The sunset from the vantage point of Cliff Tops is indescribable, and the fellowship around the campfire or fireplace will be long remembered. The return trail is down Alum Cave Bluff. With more views, the awesome Alum Cave, the heath balds, Arch Rock, and mountain stream with foot bridges, this trail has more to offer than any other this writer has ever traveled.

Wear sturdy shoes, carry rain gear, and canteen regardless of which package deal you choose.

Hike Leader: Charles Mattes, 701 West Wendover Ave., Greensboro, N. C.  
Phone: 274-0579  
Harriet Austin, 3513-D Parkwood Drive, Greensboro, N. C.  
Phone: 919 299-0298 (Home), 273-3461 (Office)



May 19 - Sunday - Join the Carolina Mountain Club for a hike up Mt. Mitchell. Meet at Black Mountain Camp Grounds at 9:30 a.m. Bring picnic lunch and canteen. Wear sturdy shoes. This is an 11-mile hike. A pretty graded trail up Comisary Ridge to the old toll road. Then up the final summit through stands of spruce and balsam fir. Return same way. Camping facilities are available at Black Mountain Camp Grounds.

June 7, 8, & 9 - Trail Maintenance Week End. CALLING ALL PATH MEMBERS! Please help! There will be work for all. Some will work on clearing wind fall, cutting grass, repairing damage done by the winter's snow and spring rains. Others will help with the food for these workers. Everyone will have a job to do.

For those who can go FRIDAY, JUNE 7, meet at Big Walker Restaurant at 7:30 p.m. There will still be sufficient light to hike the one mile to the lean-to at Monster Rock. (One group will go up earlier and gather fire wood.) Early Saturday morning the trail cooks will prepare a hearty breakfast and trail lunches for those who will work the nine miles of trail between this lean-to and the Big Walker shelter (section 10).

For those who can join the group on SATURDAY, JUNE 8, meet at the Big Walker Restaurant at 9:30 a.m. and proceed with the cooks from Friday's group to a point where the cars will be parked and hike to the Big Walker shelter (hiking distance about one mile). Some will start clearing trail and others will begin the meal for the hungry trail workers.

For those who will join the group on SUNDAY, JUNE 9, meet at the grocery store and service station at the intersection of Virginia secondary road 679 and US 11 at 10 o'clock a.m. Here again some will work on the trail and others will prepare food.

You will need to bring sleeping bag and improvised lean-to if you plan to spend the night on the trail. Trail workers, check your grass cutting and wood chopping instruments and bring them along. Don't forget the gloves!!!

Food for the workers and cooks will be paid for from PATH's treasury. But we must have your reservation in order to know how to buy. Register with Hike Leader Bill Chatfield, 124 Lawrence Street, Greensboro, N. C., 27406. Phone: 919 272-8965 by June 4, indicating your plans.

June 16 - Sunday - Sims Pond and Trout Lake. Meet at Picnic Grounds at Price Park, Blue Ridge Parkway, at 11 a.m. Bring picnic lunch. Following lunch will hike around Sims Pond and Trout Lake. Each hike approximately 2 miles. Good outing for whole family.

Hike Leaders: Pat and Rodney Young, 202-C Ashland Drive, Greensboro, N. C. Phone: 919 299-7751

July 20 - 21 - Appalachian Trail from Newfound Gap to Ice Water Springs, Charlie's Bunion, and Richland Trail into Smokemont. Meet at Newfound Gap parking lot at 12 o'clock noon. Hike to Ice Water Springs lean-to where we will spend the night. Side trips may be made to the new lean-to at Sweet Heifer, the Jump-Off, and Charlie's Bunion. Continue on the AT Sunday morning to the Richland Trail by the Sawteeth Ridge to the Tennessee Branch Trail and on in to Smokemont by Bradley Fork Creek. Total mileage - about 12 miles.



May 19 - Sunday - Join the Carolina Mountain Club for a hike up Mt. Mitchell. Meet at Black Mountain Camp Grounds at 9:30 a.m. Bring picnic lunch and camp gear.  
July 20 - 21 (continued) - Bring sleeping bag, nylon or plastic cloth and rope for improvised lean-to (although there are two shelters at Ice Water Springs, we have very little assurance that we can be accommodated as this is a very popular spot on the trail - it also rains often), cup and spoon, canteen, change of socks, sturdy shoes, rain gear.

June 7, 8, 9 - Trail Maintenance Week End. Calling All Path Hikers! Please help! If you plan to eat Saturday night supper, Sunday breakfast and lunch with Trail Chef Austin, you must register with her by July 17, and send \$1.50 per person with your reservation. She will supervise the menus, purchasing of food, gathering of cooking utensils, and distribution of same to the back packs. If you wish to prepare your own meals, add food and utensils to the above list of things you will need to bring.

The views from this trail and the fellowship should make this a most delightful outing.

Hike Leader: John Fisher, 72 Glendale Ave., SE, Concord, N. C. 28025

Phone: 704 782 0516

Trail Chef: Harriet Austin (see previous listings.)

August 18 - Pilot Mountain. Meet at the gate at 2:00 p.m. Two types of hikes are planned. Those who want a longer hike will take the trail from the gate to the top. Those who want to ride to the base of the pinnacle can do so and take the steps to the top. Bring picnic supper. We will picnic, visit and see the sunset from this vantage point. There is a 50¢ admission fee in effect now whether you ride or walk.

Hike Leaders: Jane and Bob Stevenson, 1820 Bethabara Rd., Winston-Salem.

Phone: 919 723-4528

August 31, September 1, 2 - Labor Day Week End - Multi-Club Trail Meet. Hold these dates. The Carolina Mountain Club is host this year but as we go to press the site for the meet has not been announced.

September 21-22 - Bear Den. This delightful retreat is nested in a cove in the heart of the Blue Ridge Park near Rocky Knob, Virginia. Meet at Dan Atkins General Store, Woolwine, Virginia, on highway 8 at 2:00 p.m. From a forest service road we will hike into the Bear Den, a two-story homestead with two porches, wonderful views, a good breeze, and a rushing stream.

Food will be planned for Saturday night's supper, Sunday breakfast and lunch so it will be necessary to make your reservation with Harriet Austin by September 18. The price will be \$1.50 per person. Bring your sleeping bag. There are some good hiking trails in the area. Wear sturdy shoes.

Hike Leader: Harriet Austin, 3513-D Parkwood Dr., Greensboro, N. C.

Phone: Home - 919 299-0298; Office - 273-3461.