

LEAD OR INFORMATION IN THIS COLUMN TO BE INCLUDED IN PATHS NEXT NEWSLETTER, PLEASE SEND THEM TO PATH, P.O. BOX 4423, GREENSBORO, NC 27404-4423 OR CALL JIM WOOD 469-0820 OR BILL "TOO TALL" SIMS 272-7971.
THE NEXT NEWSLETTER DEADLINE IS MARCH 1!!!

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JOIN THE KONNAROCK APPALACHIAN TRAIL VOLUNTEER CREW
FOR A WEEKEND, A WEEK, OR ALL SUMMER.

Do you enjoy life in the outdoors, the satisfaction of hard work and a job well done, plus the camaraderie of crew life? Then sign up for the Konnarock Crew in 1991. Based in the YCC service facility in Sugar Grove, Virginia, the Crew serves the AT primarily from Virginia southward, working on heavy construction and land management projects. The crew works on projects which might not otherwise be tackled by local clubs and federal agencies with limited human resources and skills. Work may include new trail design and construction, rock work, log work, shelter construction, rebuilding eroded trail, vista clearing, etc. The work week is from Thursday through Monday with the program beginning June and ending August. For an application, write to:
Konnarock Appalachian Trail Crew c/o ATC Southern Virginia Regional Office, PO Box 10 Newport, Va 24128
PHONE # 1-703-544-7388

PATH now has a Bed & Breakfast Inn in our section. The FOX HILL INN is located in Troutdale, Va. on Rt. 16. It is operated by David Hauslohner, a long standing member of ATC. David would like to team up with any group hikes in PATH's section. His inn offers special rates to ATC members and PATH group outings. PATH's Tom Harmon family and friends have given the Fox Hill Inn a * * * * * rating and welcome the inn to our area. The inn will also be happy to arrange transportation for trail hikers and accept mail packages. For any further information call 1-703-677-3313 or write the Fox Hill Inn, Rt. 16 South, Troutdale, Va. 24378 for a brochure.

Lois & Alex Koji, leaders of the American Youth Hostels movement in the Northern Piedmont, have opened a new 20-bed hostel off the Blue Ridge Parkway at milepost 214.5. The address is Rt.2, Box 449, Galax, Va. 24333. Phone 703-236-4962.

Anyone interested in Caving can contact Bob Underwood in Greensboro at 299-9456 between 11 AM and 6 PM. or Mike Smith in Asheboro at 381-3188 after 9 PM.

Cross Country Skiing: Contact Doris Haarr 919-698-0705. She will phone you if and when there is snow and she plans to go out.

*PATH, INC.
PIEDMONT APPALACHIAN TRAIL HIKERS, INC.
*P.O. BOX 4423
*GREENSBORO, NC 27404-4423
*1/91



Piedmont
Appalachian Trail
Hikers

PATH maintains sections of the Appalachian Trail
in Southwest Virginia

The APPALACHIAN TRAIL is a 2,100 mile footpath along the crest of the Appalachian Mountains from Mount Katahdin in Maine to Springer Mountain in Georgia. The Appalachian Trail Conference in 1965, after The Rev. A.J. Shumate from Rural Retreat and ATC members had been assisting with the maintenance of the area for many years, assigned the PIEMONT APPALACHIAN TRAIL HIKERS (PATH) maintenance responsibilities on 50 miles of TRAIL from Va. St. Rt. 670 at the south fork of the Holston River north to Va. St. Rt. 623 atop the picturesque Garden Mountain which encircles the entire Burkes Garden area like the rim of a punch bowl.

CMP
VAUGHN H. MARKS RD. 27103
2922-E ST. MARKS, NC
WINSTON-SALEM, NC

NONPROFIT ORGANIZATION
U.S. POSTAGE PAID
PERMIT 133
REIDSVILLE, NC

*PATH MEMBERSHIP:
NEW(), RENEWAL(), GIFT()
FAMILY-\$10.00, INDIVIDUAL-\$7.50, STUDENT-\$5.00, \$ _____
DONATIONS: PATH IS A 501(C)(3) ORGANIZATION \$ _____

*APPALACHIAN TRAIL CONFERENCE MEMBERSHIP:
ARE YOU A MEMBER OF THE APPALACHIAN TRAIL CONFERENCE?
IF YOU LIKE, SEND PATH YOUR DUES TO JOIN ATC, AND PATH WILL
FORWARD YOU MEMBERSHIP FEE TO THE CONFERENCE IN HARPERS
FERRY, W.VA. OR MAIL THEM DIRECT TO:
APPALACHIAN TRAIL CONFERENCE, PO BOX 807,
HARPERS FERRY, W.VA. 25425

THE ATC OVER SEES THE ENTIRE AT AND WORKS CLOSELY WITH
THE 31 RECOGNIZE MAINTAINING CLUBS, WHICH INCLUDES PATH.
ATC MEMBERS WILL RECEIVE THE TRAILWAYS MAGAZINE PUBLISHED
5 TIMES/YEAR.
THE DUES ARE: FAMILY \$30, INDIVIDUAL \$25,
IF YOU ARE A PATH MEMBER YOUR DUES ARE \$18 A YEAR.\$ _____

NAME _____ ARE YOU AN ATC
ADDRESS _____ MEMBER
CITY _____ STATE _____ WHAT ARE YOUR
ZIP CODE _____ TELEPHONE(____) _____ FAVORITE
OCCUPATION _____ HIKES?

PLEASE CHECK YOUR MAILING LABEL FOR YOUR CURRENT MEMBERSHIP
STATUS!! PLEASE NOTE!!! CMP or CMP-1 above your name means
it is time to renew your membership for 1991. We will purge
our mailing list prior to our next mailing. PLEASE!!! SEND
IN YOUR RENEWAL NOW!!!

** EMERGENCY PHONE NUMBERS FOR PATH'S SECTION OF THE AT **

VIRGINIA STATE POLICE
LOCAL 288-3131 OR 1-800-542-8716

PLEASE REPORT ALL INCIDENTS PROMPTLY
TO A CLUB OFFICER OR FIELD REP.
IT IS VERY IMPORTANT THAT ATC BE NOTIFIED PQQ!!!!

JULY 19-26, 1991
CONFERENCE '91, WILLIAMS COLLEGE, WILLIAMSTOWN,
MASS. More on this in early late winter or early
spring.

FOR WOMEN ONLY

If your interested in a Women's only outdoor club to
suppliment your PATH activities, write to Barb Schwartz,
PO Box 10815, Greensboro, NC 27404.

There are certain risks which are inherent in any hike
or other Club activity. Each PATH,INC member, guest or non-
member hiker agrees to accept personal responsibility for his
or her safety and the safety of minors accompanying such
persons. The Club cannot ensure the safety of any participant
on hikes. In participating in Club hikes, each such person
agrees to hold harmless and free from blame the hike leaders,
and the PATH,INC, its officers and members, for any accident,
injury or illness which might be sustained from participation
in hikes or other Club activities.

** TRIP RESERVATIONS **

PLEASE KEEP IN MIND THAT IN KEEPING WITH THE TRAIL USE
DECISION APPROVED BY THE ATC, DAYHIKES ARE LIMITED TO 25
PARTICIPANTS AND OVERNIGHTS ARE RESTRICTED TO 10
PARTICIPANTS. IF YOU DECIDE TO GO ON AN OUTING, PLEASE
CONTACT THE LEADER IN ADVANCE TO RESERVE YOUR SPACE. BE SURE
TO GIVE THE LEADER YOUR PHONE NUMBER, FIND OUT WHERE THE TRIP
WILL MEET AND LEAVE FROM. IF YOU DECIDE TO CANCEL OUT, PLEASE
ADVISE YOUR LEADER IN ADVANCE.

GOT SOME FREE TIME??

ANY MEMBERS INTERESTED IN GOING UP TO OUR SECTION IN THE
MIDDLE OF THE WEEK SHOULD CALL KEN ROSE 299-4046. KEN, GORDON
AND HENRY RIDE UP TO PATH'S SECTION DURING THE WEEK QUITE
OFTEN. SOMETIMES FOR THE DAY OR FOR SEVERAL DAYS. THEIR TRIPS
MAY INVOLVE EXPLORING AND MONITORING OUR SECTION, DOING A
LITTLE WORK AND MAINTENANCE, OR JUST PLAIN PLEASURE AND
STOPPING TO TALK WITH THE LOCALS.

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LEARN TO ENJOY THE GREAT OUTDOORS

The Wilderness Center provide courses for a fee in the
following areas of interest and dates. For beginners and
those who are looking for refresher courses. There is a fee.

All classes meet the first night at 1030 East Wendover
Ave., Greensboro. For more info call 919-272-1911 or
919-855-0187.

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To make reservations in the Great Smoky Mountains
National Park, you can call the Smoky Mountain backcountry
reservation number:
615-436-1231.

* WILL SHUTTLE FOR A FEE *

Wesley Staude, Hot Springs, NC 704-622-7478.

Kathy & Tom Oke, Newport, Tenn. 615-486-5971.

UNLESS INDICATED, YOU MAY NEED TO DIAL 919 WHEN CALLING THE LEADER!! ALSO, SEVERAL HIKE LISTED MAY BE THOSE OF OTHER CLUBS WHOSE NEWSLETTERS WE RECEIVE, SUCH AS THE SIERRA CLUB, ETC...

- JAN 12 UNSTEAD STATE PARK DAYHIKE
A ten-to-twelve mile loop dayhike that will be on a combination of trails within this state park in Raleigh. For more info call Jim Wood 469-0820.
- JAN 12 HANGING ROCK STATE PARK WITH TRIAD OUTING CLUB
Meet at Shoneys at I-40 & 68 at 8:30 AM.
- JAN 13 ORIENTERRING AT LAKE JOHNSON IN RALEIGH
Beginners welcomed. For more info call Doug Corkhill 779-3438.
- JAN 12-13 PUNGO NATIONAL WILDLIFE REFUGE AND PETTIGREW STATE PARK. See wintering snow geese, trumpeter swans and others by the thousands. Pettigrew St. Pk. is on Lake Phelps (a Carolina Bay). Car camping with leaders Bill Sims and Barbara Tremblay. Call Barbara at 697-0697.
- JAN 19-20 PATH WORK TRIP
COME AND JOIN US FOR THE DAY OR WEEKEND AS WE PERFORM SOME OF THE NEEDED TASK TO KEEP THE APPALACHIAN TRAIL OPENED AND MAINTAINED. WE WILL CAR CAMP, CALL LEADER TO FIND OUT WHERE. WE PLAN TO HEAD OUT BY 8:30 ON SATURDAY. HOPEFULLY DINNER SATURDAY NIGHT WILL BE PROVIDED FOR A SLIGHT DONATION OR WE MAY DRIVE A FEW MILES TO WESTERN STEER AND RELAX. FOR MORE INFO AND DIRECTIONS, CALL BY 9 PM WEDNESDAY:
KEN ROSE 299-4046 OR GORDON BURGESS 723-9819.
- JAN 19 AUDUBON SOCIETY BIRD SEED SALE AT NEW GARDEN NURSERY, located at 2401 Battleground Ave., Greensboro, NC. For details contact Sue Coe at 854-3346.
- FEB 10 UWHARRIE TRAIL DAYHIKE
A twelve mile dayhike for NC 24/27 to NC 109. Nothing hard, nothing spectacular, just a pleasant stroll on a section of the Uwharrie Trail just north of Troy. For more info call Jim Wood 469-0820
- FEB 16-17 PATH WORK TRIP
COME AND JOIN US FOR THE DAY OR WEEKEND AS WE PERFORM SOME OF THE NEEDED TASK TO KEEP THE APPALACHIAN TRAIL OPENED AND MAINTAINED. WE WILL CAR CAMP, CALL LEADER TO FIND OUT WHERE. WE PLAN TO HEAD OUT BY 8:30 ON SATURDAY. HOPEFULLY DINNER SATURDAY NIGHT WILL BE PROVIDED FOR A SLIGHT DONATION OR WE MAY DRIVE A FEW MILES TO WESTERN STEER AND RELAX. FOR MORE INFO AND DIRECTIONS, CALL BY 9 PM WEDNESDAY:
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FEB 23-24

WINTER BACKPACK

You have the woods to yourself, and with no leaves you can see the beautiful lay of the land. With luck we'll have a touch of snow. For beginners a Saturday preparation session will be offered. Limit of 12 hikers. For more info call George Lockhart at 294-5199.

FEB 24

ORIENTEERING AT DUKE FOREST IN DURHAM
Beginners welcomed. For more info call 839-1837.

MAR 2-3

APPALACHIAN TRAIL BACKPACK: VA 311 TO US 220. A 19.4 mile backpack with some of the most spectacular scenery in Virginia as it include McAfee Knob and Tinker Cliffs. Limited to 10 persons. For more info call Jim Wood at 469-0820.

MAR 2

ORIENTEERING AT HORIZONS PARK IN RURAL HALL
Beginners welcomed. For more info call Joe Halloran 725-4203.

MAR 16-17

PATH WORK TRIP
COME AND JOIN US FOR THE DAY OR WEEKEND AS WE PERFORM SOME OF THE NEEDED TASK TO KEEP THE APPALACHIAN TRAIL OPENED AND MAINTAINED. WE WILL CAR CAMP NEAR THE SECOND BATH HOUSE IN STONY FORK CAMPGROUND. WE PLAN TO HEAD OUT BY 8:30 ON SATURDAY. HOPEFULLY DINNER SATURDAY NIGHT WILL BE PROVIDED FOR A SLIGHT DONATION OR WE MAY DRIVE A FEW MILES TO WESTERN STEER AND RELAX. SO IF YOU COME LATE, LOOK FOR DIRECTIONS TO WHERE WE WILL BE WORKING ON THE PICNIC TABLE. FOR MORE INFO AND DIRECTIONS TO STONY FORK, CALL BY 9 PM WEDNESDAY TO CONFIRM CAMPING LOCATION:
KEN ROSE 299-4046 OR GORDON BURGESS 723-9819.

MAR 17

ORIENTEERING IN RALEIGH
Beginner welcomed. For more info call 839-1837.

MAR 24

MEDOC MOUNTAIN STATE PARK DAYHIKE
A 8.6 mile dayhike that will cover all the trails in this state park northeast of Louisburg. At the end of the hike, we'll climb the nearby firetower. For more info call Jim Wood at 469-0820.

APR 6, 1991

THE SOUTHERN REGIONAL MANAGEMENT MEETING
This year the meeting will be held at the Episcopal Conference Center at Brown's Summit just north of Greensboro, NC. More details in late winter.

APR 20-21

PATH WORK TRIP
COME AND JOIN US FOR THE DAY OR WEEKEND AS WE PERFORM SOME OF THE NEEDED TASK TO KEEP THE APPALACHIAN TRAIL OPENED AND MAINTAINED. WE WILL CAR CAMP NEAR THE SECOND BATH HOUSE IN STONY FORK CAMPGROUND. WE PLAN TO HEAD OUT BY 8:30 ON SATURDAY. HOPEFULLY DINNER SATURDAY NIGHT WILL BE PROVIDED FOR A SLIGHT DONATION OR WE MAY DRIVE A FEW MILES TO WESTERN STEER AND RELAX. SO IF YOU COME LATE, LOOK FOR DIRECTIONS TO WHERE WE WILL BE WORKING ON THE PICNIC TABLE. FOR MORE INFO AND DIRECTIONS TO STONY FORK, CALL BY 9 PM WEDNESDAY:
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