

PATH



WAYS

Piedmont Appalachian Trail Hikers

Fall 2006

Breakfast Club

If you are ever in Winston-Salem on a Wednesday morning and get a hankering for buckwheat pancakes, eggs and grits or gravy biscuits, you could do worse than to stop by the Cloverdale Kitchen in the shopping center at the corner of Cloverdale and Miller Streets. Not only will you get a good breakfast, you will also find a group of sociable PATH members ready to welcome you to their table.



Betsy Truscott and Marie Minor share a story on a Wednesday morning.

Probably the longest running of PATH's informal groups, the Wednesday morning club was started by Gordon Burgess and Ken Rose back in the foggy days of PATH's early history. The two frequently met in mid-week to go up to Virginia and make preparations for the upcoming worktrip, and favored Cloverdale Kitchen as a meeting place due to the obtainability of buckwheat pancakes. Ken commonly carried his own container of sourwood honey in order to get the full effect. Nowadays the club sometimes receives the honor of a visit from Bill Boudman as he passes through Winston-Salem on the same task.

The hardcore membership is composed of Doc and Vaughn Branham, Betsy Truscott, Marie Minor and Paul Clayton, but occasional visitors include Harry and Janet Rolison, Peggy Burgess and Trudy Whitney. Meeting time is around 7:00 and the working members usually race through breakfast and are on their way to their jobs by 7:30. Retired or vacationing members have been known to linger over coffee. There is always room enough at the table for another.

What Did You Do This Summer?

Sara Andreatta...

Sara Andreatta---some of you may remember her climbing up on the top of the Partnership Shelter with Harrison Marks and others, pounding nails in to form the roof. Now, she has moved on to other adventures. She was graduated from Sewanee, the University of the South in May 2005, with a bachelors degree in Natural Resources. She is currently exploring some natural resources as a deck hand on a small cruise ship, the "Sea Bird". This is a ship of Lindblad Expeditions.

She joined the ship in Baja California and did one cruise (and some snorkeling) there before sailing up the West Coast to Portland, Oregon. They did two cruises up the Columbia and Snake Rivers all the way to the eastern edge of Washington. Her height as a tall young woman was an advantage as they tied up the ship to go through numerous locks. Next, the plan was to move the ship farther north to Alaskan waters. She will spend the summer cruising in southeast Alaska between Sitka, Juneau, Petersburg, Glacier Bay, Tracy Arm and other pristine bays and islands. Apparently, she inherited her mother's "wander gene".

If you would like to check on her travels, you can go to <http://www.expeditions.com> and click on the Daily Expedition Reports. Then, click on the latest report from the "Sea Bird".

--Susan Andreatta

Update...

Having spent six months on board the "Sea Bird" as a deck hand, and traveling from Baja California to the Columbia River to southeast Alaska, Sara will be returning to Raleigh in mid- October. Travel is still on her mind. She tells her mother that she has to go to Paris, France to visit some of her college friends.

--Susan Andreatta

Paul Clayton...



Port aux Basques, Newfoundland

I made a three-week road trip to the Maritime Provinces of Canada. For a destination, I chose L'Anse aux Meadows, the reconstructed Viking encampment at the far northern end of Newfoundland. Around A.D 1000, Norse sailors from Greenland arrived in North America and attempted to start a colony, or at least harvest some of the vast resources of wood, something sorely lacking in Greenland. They set up a station at L'Anse aux Meadows, and inhabited it off and on

--continued on next page

for ten years. It's not quite as hard to get there now as it was in Viking days, but it still took me seven days of driving and a 6 ½ hour ferry ride from North Sydney, NS to Port aux Basques, NL to drive from North Carolina. Along the way, I hiked on the Fundy Trail in New Brunswick, walked the streets of Halifax, largest city in Nova Scotia, and camped in Gros Morne National Park in Newfoundland.

Once I arrived at L'Anse aux Meadows, I toured the reconstruction and did some hiking along the headlands above the sea. Labrador was just a quick ferry trip to the north, but I regretfully turned back in order to get home and return to work.

Gene Greer...

For eleven years now, a group has been going on a three-day Memorial Weekend canoe trip. This year we spent three days on the Yadkin River. The group was Don Childrey, Gene Greer, Doc & Vaughn, Chris Greer (on her first canoe trip), Darian and Katie, and Susan Andreatta.

Needless to say we had a blast. We played in the water a lot, ate way too much and had a big hotdog/hamburger cookout our last night out. We had a great time as we always do. No one rolled the canoe this year!

Many other PATH members have made the trip in the past!

Karl Kunkel...

I served as tour guide in late August

for Gail, an old friend from Wisconsin. We checked out Charlottesville, Va., did a "monuments and museums" tour of Washington, D.C. and then drove over to Ocean City, Md., on the coast, rolling in just as tropical storm Ernesto also decided to pay a visit.

Steve Coombs...

Here is how I spent my summer. I now have a permanent job working as a Primate Technician at the Duke Lemur Center. From April until recently I was doing the same work in a temporary position, but I was just hired to a new slot. I am feeding, cleaning cages and medicating animals as needed. Also helping to set up cages with branches and other structures. I am at work before the sun and doing a great deal of physical activity. It is a great change of pace from my previous job. I'm having fun doing meaningful work, can't ask for more...

Margaret Wainwright...

I visited three national parks in California: one day in Sequoia, one day in King's Canyon and four in Yosemite. The beginning of October is a good time to go because the crowds have departed. The Tioga Road across Yosemite was still open (it's closed from 6 to 9 months of the year). It was very nearly the end of the season. We saw riders leading strings of pack mules out of the park. The weather was beautiful apart from two half days of rain. The downside is that there are

(continued on next page)

Summer News (continued)

no flowers and very little water over the falls. On two separate days we saw a mother bear and cub on the trail. Fortunately they moved off to let us pass. I learned that there is a move to drain Hetch Hetchy and restore the valley. I don't think it's a good idea because the cost would be enormous and visitors would descend on it as at Yosemite, whereas now the road goes only to the dam and there are lots of trails for hiking. My friend and I stayed at Evergreen Lodge which is just outside the park. The staff organizes day trips for those who want. It's not particularly cheap but a really good place with a gourmet restaurant - It might not please those whose idea of fine dining is the Sugar Grove Diner...

Volunteer Hours Report

MR = Mount Rogers, NR = New River

Under 18 Male - MR 45, NR 35, Total 80
Under 18 Female - MR 12, NR 40, Total 52

18-54 Male MR 1,465, NR 1,109, Total 2,574
18-54 Female NR 385, NR 613, Total 998

55+ Male MR 869, NR 969, Total 1,838
55+ Female MR 170, NR 74, Total 244

All Male MR 2,379, NR 2,113, Total 4,492
All Female MR 567, NR 727, Total 1,294
All Total MR 2,946, NR 2,840 Total 5,786

--Paul M. Clayton



Hunting Season is Upon Us

Regular contributor Tom Dillon checks in with this synopsis of hunting seasons in southwest Virginia...

It's hunting season in southwest Virginia this fall and winter, so remember to wear blaze orange caps or vests if you're on any of our trail sections where you may encounter hunters. It's always a good idea to make yourself more visible during these seasons.

Like North Carolina, Virginia does not allow hunting on Sundays, except on licensed shooting preserves. That is a subject of some controversy, though it won't change this year. Some seasons do extend into the spring, however.

Here's a lineup of the different 2006-07 seasons in the four counties -- Smyth, Wythe, Bland and Tazewell -- where we're likely to be hiking or working:

Deer: Bow and arrow, Oct. 7-Nov. 17 and Dec. 4-Jan.6; muzzleloaders, Nov. 11-17 and Dec. 16-Jan. 6; firearms, Nov. 18-Dec. 2.

Bear: Bow and arrow, Oct. 14-Nov. 11; firearms, Nov. 27-Jan. 6 north of Interstate 81, Dec. 4-16 south of Interstate 81.

(continued on next page)

Hunting Seasons...

(continued from previous page)

Turkey: Bow and arrow, Oct. 7-Nov. 11; firearms, Oct. 28-Nov. 10, Nov. 23 and Dec. 11-Jan. 6. Also April 14-May 19, 2007. A youth spring turkey hunt will take place April 7.

Small game: Various small game seasons (grouse, rabbit, quail, fox, bobcat, squirrel, etc.) are open through the winter, though none of them should conflict with our trail work schedules, which begin in March. There is a continuous open season on groundhogs, striped skunks and coyotes on private land, meaning they can be hunted any time. That does not include national forest land, where the seasons end March 10.

More information on all these seasons is available from the Virginia Department of Game and Inland Fisheries at 1796 Va. 16 in Marion. The telephone number is (276) 783-4860.

--Tom Dillon

Emily Brown and a young friend from Reidsville on a 1992 worktrip – photo by Gordon Burgess



Do You Remember...

We've had some great articles in the newsletter over the years. See if you remember these...

Over the Rainbow, Way Up High – Kevin Mar's account of a trip to Nevada's Great Basin National Park with a group of PATH members. March 1997.

A View to the West – John Hartpence reviewed the summer's work converting the old run down Stone Hut into the palatial Chestnut Knob Shelter. The featured illustration was a back view of an unidentified PATH member trying out the new "dunnie". October 1994.

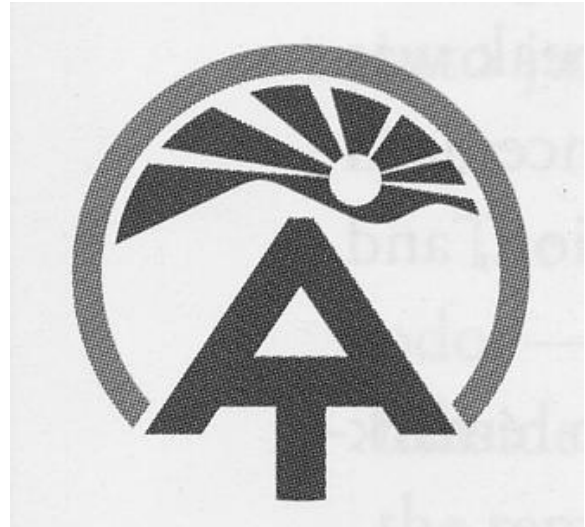
(continued on next page)

Newsletters...

(continued from previous page)

PATH's Expedition to the Savage Mountain - Don Childrey wrote about a notable winter trip to the Mt. Rogers area. Pushing it to the edge, and making the right decision. Everyone lived to tell about it. March 1994.

"This Trail Ain't Wide Enough for the Two of Us" - PATH poet and sage Robert Rubin looked at the trail from two different angles and came to the conclusion that "there's room there for all of us, even though it's only a single track." Spring 1998.



PATH-ATC
Meeting at Arbor
Acres, October
2003.

--Vaughn Thomas
Photo



All these people were active maintainers in 1984. One of them still is today. If you know who it is, send an email to Paul Clayton at pmclayt@attglobal.net and get your name in the next newsletter.

*Gordon Burgess
Photo*

Mark Your Calendar – PATH Annual Meeting Saturday November 19

The Annual Meeting will be held at the Clubhouse at Breckinridge in Winston-Salem on November 19, 2006. A Board Meeting will begin at 10:00 am – all members are welcome to attend. The General Membership Meeting will begin at 12:00 Noon. Bring a dish – we will conduct business and eat, not necessarily in that order.

Directions to Breckinridge:

Coming from the east on I-40, take U.S. 421 north. Exit onto Peace Haven Rd.(first exit after Jonestown Rd.). Turn right off the ramp and go 0.3 mile. Turn left onto Ridgehaven Drive,

and first right or left into parking lot(s).

Coming from the west on I-40, exit at Lewisville-Clemmons Road. Turn left at light and go to Peace Haven Rd. Turn right and go about 3.3 miles to the entrance to Breckinridge.

If this doesn't make sense, email Paul Clayton at pmclayt@attglobal.net.

As you may remember from last year, this is a fine facility for our meeting. There are kitchen facilities with stove, microwave, coffepots, etc. We need to leave it spotless so we will be invited back again next year, so anyone who wants to stay after the meeting and help clean up will be a great help.

Thanks to Doc and Vaughn Branham for making the arrangements to use the Breckinridge Clubhouse.



Settlers' Museum Farmhouse

**Piedmont
Appalachian
Trail
Hikers, Inc.**

Post Office Box 4423
Greensboro, NC 27404-4423